

CHBWV receives Silver Level recognition from American Heart Association



CHBWV recently received Silver Level recognition from the American Heart Association for taking significant steps to build a culture of health in the workplace. The American Heart Association's Workplace Health Achievement Index ("Index") is a self-assessment scorecard that measures the comprehensiveness and quality of a company's workplace health program, and the overall heart health of its employees.

AHA Community Impact Director Lisa Neff, recognized **CHBWV** and other companies for investing in the health of their workforce during a year of challenges and change. "The AHA commends you and the other participating organizations for your commitment to creating a work environment built on science-based policies and programs."

The American Heart Association created the Index with its CEO Roundtable members, a leadership collaborative of more than 40 CEOs from some of America's largest companies who are committed to applying evidence-based approaches to improve their employees' overall health. The Index uses science-based best practices to evaluate the overall quality and comprehensiveness of their workplace health programs. A unique feature of the Index is that it calculates an average heart health score for employees of participating companies that securely submit aggregate health data.

"The Index is an important scientific-based tool that has helped us to further improve workplace health for our employees," Rachel Charette, Chairperson – **CHBWV** Health and Wellness Committee, said. "Each year we continue to add more programs and fun activities that contribute to the health of our employees."

Companies receive benchmarking reports, which allow them to identify potential areas of improvement so that they can advance their annual performance and recognition in the Index and help their workforce move toward ideal heart health. The framework of the Index was built so that organizations would continue to improve the health of their workplace and their workforce from one year to the next.

Recognition and awards are based on a company's score from completing the American Heart Association's Workplace Health Achievement Index. The Index remains available to organizations year-round to be used as a reference for making improvements in health-related practices and policies. The goal is to drive organizational improvements and improve the heart health of employees.