

CHBWV receives Silver Level recognition from American Heart Association



Photo provided

The CHBWV Wellness Committee at the WVDP submitted the application to the American Heart Association as part of their ongoing efforts to improve workplace health. From left: John Rendall, CHBWV President and General Manager; Heather Lafferty, Wellness Committee Member and Rachel Charette, Wellness Committee Chair. Wellness Committee Members absent from the photo: Lettie Chilson, Tommy Fontaine, Stephanie Watson and Joe Wolniewicz.

CHBWV recently received Silver Level recognition from the American Heart Association for taking significant steps to build a culture of health in the workplace. The American Heart Association's Workplace Health Achievement Index is a self-assessment scorecard that measures the comprehensiveness and quality of a company's workplace health program and the overall heart health of its employees.

AHA Community Impact Director Lisa Neff, recognized **CHBWV** and other companies for investing in the health of their workforce during a year of challenges and change. "The AHA commends you and the other participating organizations for your commitment to creating a work environment built on science-based policies and programs."

The American Heart Association created the Index with its CEO Roundtable members, a leadership collaborative of more than 40 CEOs from some of America's largest companies who are committed to applying evidence-based approaches to improve their employees' overall health. The Index uses science-based best practices to evaluate the overall quality and comprehensiveness of their workplace health programs. A unique feature of the Index is that it

calculates an average heart health score for employees of participating companies that securely submit aggregate health data.

“The Index is an important scientific-based tool that has helped us to further improve workplace health for our employees,” Rachel Charette, Chairperson of the **CHBWV** Health and Wellness Committee said. “Each year we continue to add more programs and fun activities that contribute to the health of our employees.”

Companies receive benchmarking reports, which allow them to identify potential areas of improvement so that they can advance their annual performance and recognition in the Index and help their workforce move toward ideal heart health. The framework of the Index was built so that organizations would continue to improve the health of their workplace and their workforce from one year to the next.

Recognition and awards are based on a company’s score from completing the American Heart Association’s Workplace Health Achievement Index. The Index remains available to organizations year-round to be used as a reference for making improvements in health-related practices and policies. The goal is to drive organizational improvements and improve the heart health of employees.

Green Springville to host Earth Day celebration at Community Trout Pond



Photo by Max Borsuk

Green Springville will be hosting a Earth Day celebration on Saturday, April 24 at the Springville Community Trout Pond in Springville. All proceeds from the event will go toward Springville Community Trout Pond Renovation Project.

Max Borsuk
Editor

Earth Day is celebrated every year in April nationwide to help promote environmental protection and a local event to help increase awareness while having fun is returning to Springville. Green Springville and its partnering organizations will be hosting an Earth Day celebration on Saturday, April 24 from 10 a.m. – 2 p.m. at the Springville Community Trout Pond, located on Buffalo Road.

A variety of events will be available for people of all ages including a hayride along the Erie Cattaraugus Rail Trail courtesy of the Collins Draft Horse, Ox and Pony Club and the Springville Field and Stream, kids can learn to fish with the experts from Boy Scout Troop 524 of Springville and a scavenger hunt hosted by Green Springville and partners Arts Cafe, CH2M, Farm in Peace, Hulbert Library of the Town of Concord Patrons Photographic and the Springville Area Chamber of Commerce.

Kids will be able to create arts at the Spark! tent by Springville Center for the Arts, people can take home a seedling courtesy of Green Springville volunteer Dave Stahley and a bake sale will be hosted by Friends of Ashley Lowry.

People will be able to park at Springville Manufacturing, located at 8798 North St. or at the Springville Moose Lodge, located at 13080 Buffalo Road. Attendees will be able to enjoy activities and visit local sponsors and volunteers while waiting for a socially-distanced hayride. The Moose Lodge will also be cooking hot dogs, hamburgers and veggie burgers for purchase.

“The big picture idea that we are trying to embody is a celebration of Springville, the community and its resources,” Devin Kowalske of Green Springville said. “There are a lot of organizations involved this year, which is great ... and it’s about getting people together outside to celebrate.”

All proceeds from this year’s Earth Day celebration will go toward the Springville Community Trout Pond Renovation Project. Green Springville has been collaborating with the Springville Community Trout Pond Renovation Project, who is continuing to work on a multi-phase plan to rehabilitate the pond, add wheelchair accessible fishing, rebuild the hatchery, add a learning center and find more ways to keep the pond available to the public to use free of charge.

“It’s a historic place within the community and people have lots of memories there and it is a resource right now that is underused,” Kowalske said.

For more information on the Earth Day celebration, visit the Green Springville, Inc. Facebook page. For more information on the Springville Community Trout Pond Renovation Project, people can visit greenspringville.wordpress.com or the Springville Community Trout Pond Renovation Project Facebook page.